



Prologue to the Way of the Wyse-Art

Welcome back to the Way of the Wyse-Art. It is three years since we were able to publish Level One, and in this time we have seen amazing changes in those who have had the dedication and daring to work with the material given.

The teachings given in the first level, and even more so in the second level are a gift from our spiritual teacher, Rev Mario Schoenmaker, and they have been recast for the twenty-first century as are our gift to you. Because the impulse of the Wyse-Art originates with Rev Mario it contains something of his power, which is the power of Christ and it is this power that has created often life-changing transformations in the lives of those who have tackled the course.

In Level Two, once again it is important to maintain the Wyse-Art protocols:

1. Set aside a regular time (this may be once a week, once a fortnight, once a month as arranged with the mentor) when you will be able to be private and quiet for about an hour.
2. If at all possible, set aside a special place in your home where you will conduct the Wyse-Art sessions. This space should contain
 - a. A small table where you can light a candle and place a small vase of flowers. You may also like to keep your copy of the Book on the table.
 - b. A CD player (computer, ipod or other device to play sound files).
 - c. A comfortable chair!
3. Purchase a notebook that you can write your own thoughts and reflections down in. This will be your Wyse-Art journal.

Once again, each module begins with a time of listening to a piece of music followed by the reflective talk and then the return of the initial music. You will notice that the Book of the Wyse-Art is almost identical to the book of Level One. This is because the journey of the Wyse-Art is not a linear progression like a journey from Melbourne to Sydney; it is a spiral journey into the reality of Self. Saint Teresa called it the 'interior castle' and it has the paradoxical reality that the deeper we go, the larger this interior castle becomes. It is even more part of Level Two that we begin to see beyond the surface of outer appearances and discover that every symbol has multiple layers of meaning.

Your mentor will be looking forward to hearing from you!

When you are ready, place the first CD into the player and sit comfortably ...